

# CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	9am JIU JITSU WITH DONAVAN			9AM JIU JITSU WITH DONAVAN		
	10am YOGA WITH ANNA			10am YOGA WITH ANNA		
	11AM KETTLEBELL WITH BRANDON		11AM KETTLEBELL WITH BRANDON		12PM BOOTCAMP WITH DONAVAN	11AM YOGA WITH ANNA
	12PM BOXING WITH DONAVAN		12PM BOXING WITH DONAVAN		1PM BOXING WITH DONAVAN	
6PM KETTLEBELL WITH TRAVIS	5:30PM YOGA WITH ANNA	6PM KETTLEBELL WITH TRAVIS		6PM KETTLEBELL WITH TRAVIS		
7PM STRENGTH AND CONDITIONING WITH NICK	7PM STRENGTH AND CONDITIONING WITH NICK	7PM STRENGTH AND CONDITIONING WITH NICK	7PM STRENGTH AND CONDITIONING WITH NICK	7PM STRENGTH AND CONDITIONING WITH NICK		



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